



Tryouts Schedule

* Apparel and Q&A Sessions will both be held in the Downstairs Weight Room

14u T2

\$150

Fri	May 7	8:30 - 9:45 AM	On Ice - Rink 1
Fri	May 7	10:00 - 11:00 AM	Apparel Fitting
Fri	May 7	1:00 - 2:15 PM	On Ice - Rink 1
Sat	May 8	3:00 - 4:15 PM	On Ice - Rink 1
Sat	May 8	4:30 - 5:30 PM	Apparel Fitting
Sun	May 9	2:30 - 3:45 PM	On Ice - Rink 1
Sun	May 9	4:00 PM	* Coach Q&A Session *

17u T1/T2

\$150

Fri	May 7	10:00 - 11:15 AM	On Ice - Rink 1
Fri	May 7	11:30 - 12:30 PM	Apparel Fitting
Fri	May 7	2:30 - 3:45 PM	On Ice - Rink 1
Sat	May 8	6:45 - 8:00 AM	On Ice - Rink 2
Sat	May 8	12:00 - 1:15 PM	On Ice - Rink 1
Sat	May 8	1:30 - 2:30 PM	Apparel Fitting
Sun	May 9	1:00 - 2:15 PM	On Ice - Rink 1
Sun	May 9	2:30 PM	* Coach Q&A Session *

12u T1

\$50

Mon	May 3	5:30 - 6:30 PM	Apparel Fitting
Mon	May 3	7:00 - 8:15 PM	On Ice - Rink 1
Wed	May 5	5:30 - 6:30 PM	Apparel Fitting
Wed	May 5	7:00 - 8:15 PM	On Ice - Rink 1
Wed	May 5	7:15 PM	* Salekin Q&A Session *

14u T1

\$150

Fri	May 7	8:45 - 10:00 AM	On Ice - Rink 2
Fri	May 7	10:30 - 11:30 AM	Apparel Fitting
Fri	May 7	1:15 - 2:30 PM	On Ice - Rink 2
Sat	May 8	3:00 - 4:15 PM	On Ice - Rink 1
Sat	May 8	4:30 - 5:30 PM	Apparel Fitting
Sun	May 9	7:00 - 8:15 AM	On Ice - Rink 1
Sun	May 9	8:30 AM	* Coach Q&A Session *

19u T1

\$150

Fri	May 7	10:15 - 11:30 AM	On Ice - Rink 2
Fri	May 7	12:00 - 1:00 PM	Apparel Fitting
Fri	May 7	2:45 - 4:00 PM	On Ice - Rink 2
Sat	May 8	6:45 - 8:00 AM	On Ice - Rink 2
Sat	May 8	1:30 - 2:45 PM	On Ice - Rink 1
Sat	May 8	3:00 - 4:00 PM	Apparel Fitting
Sun	May 9	8:30 - 9:45 AM	On Ice - Rink 1
Sun	May 9	10:00 AM	* Coach Q&A Session *



PROCESS

1. BRING A CHECK FOR PAYMENT
2. ATTEND YOUR FITTING SESSION AND WRITE A CHECK FOR APPAREL
3. ONCE YOU ARE SELECTED FOR A TEAM, AND UPON ACCEPTING, YOUR CHECK WILL BE CASHED AND APPAREL ORDERED

Apparel

DETAILS

	Helmet	Gloves	Pants	Bag	Jerseys/ Socks	Women's Track Suit	Fitting Times
12 TIER 1	Black	Black	Plain Black	(optional)	Same as Last Year	New	Mon May 3 5:30 PM - 6:30 PM Wed May 5 5:30 PM - 6:30 PM
14 TIER 2	Black	Black	Plain Black	(optional)	Same as Last Year	New	Fri May 7 10:00 AM - 11:00 AM Sat May 8 4:30 PM - 5:30 PM
14 TIER 1	Green	Green/ Black	DSE	DSE	Same as Last Year	New	Fri May 7 10:30 AM - 11:30 AM Sat May 8 4:30 PM - 5:30 PM
17 TIER 2	Black	Black	Plain Black	(optional)	Same as Last Year	New	Fri May 7 11:30 AM - 12:30 PM Sat May 8 1:30 PM - 2:30 PM
17 TIER 1	Green	Green/ Black	DSE	DSE	Same as Last Year	New	Fri May 7 11:30 AM - 12:30 PM Sat May 8 1:30 PM - 2:30 PM
19 TIER 1	Green	Green/ Black	DSE	DSE	Same as Last Year	New	Fri May 7 12:00 PM - 1:00 PM Sat May 8 3:00 PM - 4:00 PM
Est. Cost	\$190*	\$125 (Green)	\$60-\$180	\$115-\$153	\$280 / \$70	Included	

BLACK Gloves and Pants will be purchased on your own

* Additional details will be covered at the Apparel Fitting

Other apparel options will be available to order from our adidas online store in June with an estimated arrival of early August.



GIRLS PROGRAM

2021-2022 |

StarsEliteGirlsHockey.com

   @StarsEliteGirls



FOCUS

Moving to the Next Level

The Journey, The Process

All About Development

Our Value

Players

Our vision is to grow girls hockey by maximizing team culture and player development to eventually advance players on to collegiate hockey. The 2021/2022 19uT1 team will be the flagship of the Dallas Stars Elite Girl's WINNING CULTURE. Our WINNING CULTURE will be established and reinforced up and down the organization. The WINNING CULTURE process is constructed from a foundation that requires each girls' WHY, a complete commitment to our SISTERHOOD, the BUY IN, INDIVIDUAL ACCOUNTABILITY, TRUST, a TEAM FIRST MENTALITY, POSITIVITY, CARING FOR EACH OTHER, and a commitment to OVERCOMING ADVERSITY.



Our DNA Development Structure

- U12** Skating & Skills **Foundation**
- U14** Skating & Skills, Concepts
- U16** Skating & Skills, Concepts, Systems
- U19** Everything + College Prep



Off-Ice Development

- Strength & Conditioning
- * NEW * Dedicated Girls Weight Room**
- Shooting Room

100%

of all Seniors move on to play Collegiate



25% Lower

Org Fees than DSE Boys

The Dallas Stars Organization continues to support gender equality and growing girls hockey in Texas.



125+ hrs

On Ice

- Practices
- DSTHL League Games
- Tournaments
- Scrimmages



Top Clubs* for Division I College Commitments

2020

Little Caesars	11
DSE Girls	11
Pittsburgh Penguins Elite	8
Ottawa Lady Senators	7
Philadelphia Jr Flyers	7

* Excluding private schools



TABLE OF CONTENTS

- 6. ABOUT ELITE PROGRAM
- 7. 5 STARS DEVELOPMENT PLAN
- 8. 12 TIER 1
- 9. 14 TIER 2
- 10. 14 TIER 1
- 11. 17 TIER 2
- 12. 17 TIER 1
- 13. 19 TIER 1
- 14. 19u WINNING CULTURE
- 15. COLLEGE SHOWCASE EVALUATION
- 16. HIGH SCHOOL - JR. VARSITY & NATIONALS
- 17. GIRLS NIGHT OUT
- 18. COACHES

TEAMS



2021-2022 Program

ABOUT

The vision of the DSE Girls is to grow DFW girls' hockey by maximizing team culture and player development to eventually advance players on to collegiate hockey. We do this by creating an atmosphere that promotes team culture, hard work, skill development, discipline, respect, teamwork, and fun.

The DSE Girls program continues to show a rapid trajectory and is considered a premier Girls Hockey Development Program in the country. The players' hard work and development has received notice on the national level. Many of the girls who fill the DSE College Committed list started with our U14 Tier 2 program. The success is being noticed by NCAA programs around the country. The NCAA programs trust in our development process and we are confident we will have more NCAA commitment announcements very soon. Under the leadership of the DSE Girls Program Director Mike Salekin, the environment for girls to play hockey and develop into college hockey players has never been better. Division I and Division III colleges across the nation are aware of the development and exposure aspect of the program. The ice time and player development environment provided for the Dallas Stars Elite Girls program is as good as any in North America. The Dallas Stars local hockey leagues have provided the opportunity for all the Elite girls to play against predominantly male teams, which have been great for the girls' development.

Please refer to the team pages below for more information regarding the 2021/2022 DSE Girls season.

COLLEGE COMMITMENTS

100%
of all Seniors move on to play Collegiate

CURRENT PLAYERS

Meg Hildner	RPI	NCAA DI	2003 / 2021
Kaylee Lewis	University of Vermont	NCAA DI	2004 / 2022
Brooke Dineen	Johnson and Wales University	NCAA DIII	2003 / 2021
Scarlet Ditoro	SUNY Canton	NCAA DIII	2002 / 2021
Kendall Parker	SUNY Canton	NCAA DIII	2002 / 2021
Ellie Warhoftig	Trine University	NCAA DIII	2003 / 2021
Victoria Petruska	Long Island University - Brooklyn	NCAA DI	2004 / 2022
Erika Shirer	Penn State	NCAA DI	2002 / 2021
Bronwyn Khangsar	RIT	NCAA DI	2003 / 2021
Lily Martinson	Providence	NCAA DI	2003 / 2021
Audrey Shirer	Penn State	NCAA DI	2002 / 2021
Avery Anderson	Northeastern	NCAA DI	2003 / 2021
Eleanor Wings	Harvard	NCAA DI	2003 / 2021
Mika Jahnke	RPI	NCAA DI	2003 / 2021
Makayla Young	SUNY Canton	NCAA DIII	2002 / 2020

FORMER PLAYERS

Kimmy Hullum	Morrisville	NCAA DIII	Marlee Sprott	Grand Valley State	ACHA DI
Amelia Brown	Western New England	NCAA DIII	Kaitlin Finnegan	Lindenwood	NCAA DI
Callie Rowbottom	Mercyhurst	NCAA DI	Elizabeth Spoon	Wilkes University	NCAA DIII
Carlie Foxhoven	Liberty	ACHA DI	Sydney Rarick	Lindenwood	NCAA DI
Abby Shauer	Mercyhurst	NCAA DI	Madison Lawrence	UNH	NCAA DI
Alexa Sunddal	Concordia University	NCAA DIII	Jayne Smothers	McKendree	ACHA
Darla Knuth	Michigan State	ACHA DI	Akari Kubo	Wesleyan	NCAA DIII
Emma Brown	Ohio State	ACHA	Rachel Potoker	Bowdoin College	NCAA DIII
Hannah Schotten	Liberty University	ACHA DI	Brayden James	Manhattanville College	NCAA DIII
Johna Ezzard	SUNY Cortland	NCAA DIII	Amanda Curtin	Concordia University	NCAA DIII
Kateria Heithaus	Kings College	NCAA DIII	Carrie Atkinson	Lindenwood	NCAA DI
Kylah Krause	UW - Eau Claire	NCAA DIII	Colby Beigs	Utica College	ACHA DIII
Kylie Fahmer	Northland College	NCAA DIII	Courtney Walpole	Endicott College	NCAA DIII
Landry Phelps	Arizona State	ACHA	Jade Walsh	Adrian College	NCAA DIII
Madison Laue	Robert Morris	ACHA	Jessica Bowen	Bowdoin College	NCAA DIII
Madison Lawson	Morrisville State	NCAA DIII	Katie McGovern	Minnesota-Duluth	NCAA DI
Michelle Kaczmarek	Colorado State	ACHA	Kristen Perry	Colorado State	NCAA DII
Priyanya Rajagopal	Michigan State	ACHA	MacKenzie Meegan	New England College	NCAA DIII
Rachel Rice	Nazareth	NCAA DIII	Maddison Rigbsy	Becker College	NCAA DIII
Riena Jahnke	RPI	NCAA DI	Melissa Linville	University of Minnesota	ACHA
Sydney Jones	Connecticut College	NCAA DIII	Miranda Bell	Bowdoin College	NCAA DIII
Teagan Ries	Colorado State	ACHA	Olivia Hawes	Hamilton College	NCAA DIII
Valeria Koenig	Wikes University	NCAA DIII	Rachel Pius	Plymouth State	NCAA DIII
Sierra Winter	Wisconsin-Stevens Point	NCAA DIII	Sara Huff	Plymouth State	NCAA DIII
			Stephanie Evans	Daniel Webster	NCAA DI



5 Stars ★ Development Plan

College

NCAA DI
NCAA DIII
ACHA

19 u

TIER 1
TIER 2

16 u

TIER 1
TIER 2

14 u

TIER 1
TIER 2

12 u

TIER 1





STAFF

Coach: Tyler Fulton

E: tfultonstrengthcoach@gmail.com

P: 214.455.3910

★ 12 TIER 1



5-6 TOURNAMENTS

*subject to change

DSTHL Tournament

Dallas, TX

Sep 4 - 6

* We will do 2-3 Out-of-Town Tournaments. Tournaments will be finalized once the team is selected based on parent feedback.



50+ GAMES

20 League games, 30 Tournament/scrimmages



2+

DRYLAND / WEEK



4

PRACTICES / WEEK *

*on average throughout the season

ORG:

Ice, Facility, and Operations

\$5,200

TEAM:

Coach's traveling expenses, team building, tournament fees, and more.

\$1,000



COACHING STAFF

Coach: Megan Garza
E: megan.garza313@gmail.com
P: 847.220.3591

Coach: John Stone
E: stone.john14@gmail.com
P: 214.274.4905

★ 14 TIER 2



4-5 TOURNAMENTS

*subject to change

DSTHL Tournament	Dallas, TX	Sep 4 - 6
CCM World Invite	Dallas, TX	Oct 9 - 11
Texas RUSH	Dallas, TX	Dec 17 - 19
Florida RUSH	West Palm Beach, FL	Jan 14 - 17
President's Day Invitational	Phoenix, AZ	Feb 19 - 21



45+ GAMES

20 League, 25 Tournament/scrimmages.



2+

DRYLAND / WEEK



4

PRACTICES / WEEK*

*on average throughout the season

ADDITIONAL

- Team Building Events
- Video Review Sessions & Chalk Talks
- Team Dedicated Locker Room

ORG:

Ice, Facility, and Operations

\$5,000

TEAM:

Coach's traveling expenses, team building, tournament fees, and more.

\$1,000



COACHING STAFF

Coach: Mike Salekin
E: salekinmike@gmail.com
P: 469.401.7288

Coach: Jon Staples
E: jstaples@steadfastmedical.com
P: 214.507.0538

Coach: Matt Staples
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P: 469.450-1338

★ 14 TIER 1



6-8 TOURNAMENTS

*subject to change

DSTHL Tournament

Dallas, TX

Sep 4 - 6



60+ GAMES

20 DSTHL, 40 Tournament/scrimmages and RMD



2+

DRYLAND / WEEK



4

PRACTICES / WEEK *

*on average throughout the season

* We plan to do an estimated 5 Out-of-Town Tournaments. Tournaments will be finalized once the team is selected.

ADDITIONAL

- Team Building Events
- Individual Video Review Sessions
- Team Dedicated Locker Room

ORG:

Ice, Facility, and Operations

\$5,200

TEAM:

Coach's traveling expenses, team building, tournament fees, and more.

\$1,500

FEES



COACHING STAFF

Coach: Ray Kizzie

E: rkizzie17@gmail.com

P: 214.934.8793

Coach: Haley Head

E: haley.p.head@gmail.com

P: 817.996.0115

★ 17 TIER 2



4-7 TOURNAMENTS

*subject to change

DSTHL Tournament	Dallas, TX	Sep 4 - 6
TCS Hockey Showdown in Austin	Austin, TX	Sep 17 - 19
CCM World Invite	Dallas, TX	Oct 9 - 11
Florida RUSH	West Palm Beach, FL	Jan 14 - 17
NGHL Chicago	Chicago, IL	Feb 4 - 6

* Tournaments will be finalized once the team is selected.



45+ GAMES

20 DSTHL, 25 Tournament/scrimmages.



2+

DRYLAND / WEEK



4

PRACTICES / WEEK *

*on average throughout the season

ADDITIONAL

- Team Building Events
- Video Review Sessions
- Team Dedicated Locker Room

ORG:

Ice, Facility, and Operations

\$5,000

TEAM:

Coach's traveling expenses, team building, tournament fees, and more.

\$1,500

FEES



COACHING STAFF

Coach: Danielle Kuhn
 E: danielle.kuhn@alumni.twu.edu
 P: 214.587.8289

Coach: Adam Armstrong
 E: adam.t.armstrong@icloud.com
 P: 214.317.3180

★ 17 TIER 1

🏆 4-6 TOURNAMENTS

*subject to change

DSTHL Tournament	Dallas	Sep 4 - 6
CCM World Invite	Dallas, TX	Oct 9 - 11
2 Nations College Prep Series	MI	Oct 28 - 31
CCM Girls Windy City Elite	Chicago, IL	Dec 3 - 5
RUSH Florida	West Palm Beach, FL	Jan 14 - 17
NGHL Cup	St. Louis, MO	Feb 18 - 21

* Tournaments will be finalized once the team is selected.

RMD: Mar 6 TBD
 Nationals: Mar 31 Pennsylvania

ORG:

Ice, Facility, and Operations

\$5,200

TEAM:

Coach's traveling expenses, team building, tournament fees, and more.

\$1,600



55+ GAMES

20 DSTHL, 35 Tournament/scrimmages, and RMD.



2+ DRYLAND / WEEK



4 PRACTICES / WEEK*

*on average throughout the season

ADDITIONAL

- Team Building Events
- Video Review Sessions
- Team Dedicated Locker Room



COACHING STAFF

Coach: Collin Hesse

E: collin4hesse@gmail.com

P: 214.926.9704

Coach: Mason Hesse

E: mason.hesse@hesselaw.com

P: 214.926.9816

Coach: Ray Kizzie

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P: 214.934.8793

★ 19 TIER 1



8 TOURNAMENTS

*subject to change

DSTHL Tournament

Dallas, TX

Sep 4 - 6

* Tournaments will be finalized once the team is selected.

ADDITIONAL

- Film Sessions: 2 sessions per month plus individual review
- Team Building Sessions: 1-2 per month
- Shooting Plan: Utilize shooting room 3-4 per month

ORG:

Ice, Facility, and Operations

\$5,200

TEAM:

Coach's traveling expenses, team building, tournament fees, and more.

\$2,000



65+ GAMES

20 DSTHL, 30 Tournament, 2 RMD, 9 Exhibition, and 4 National.



2+ DRYLAND / WEEK

with Nathan Henry (Dallas Elite Strength Coach)



4 PRACTICES / WEEK*

*on average throughout the season

CULTURE

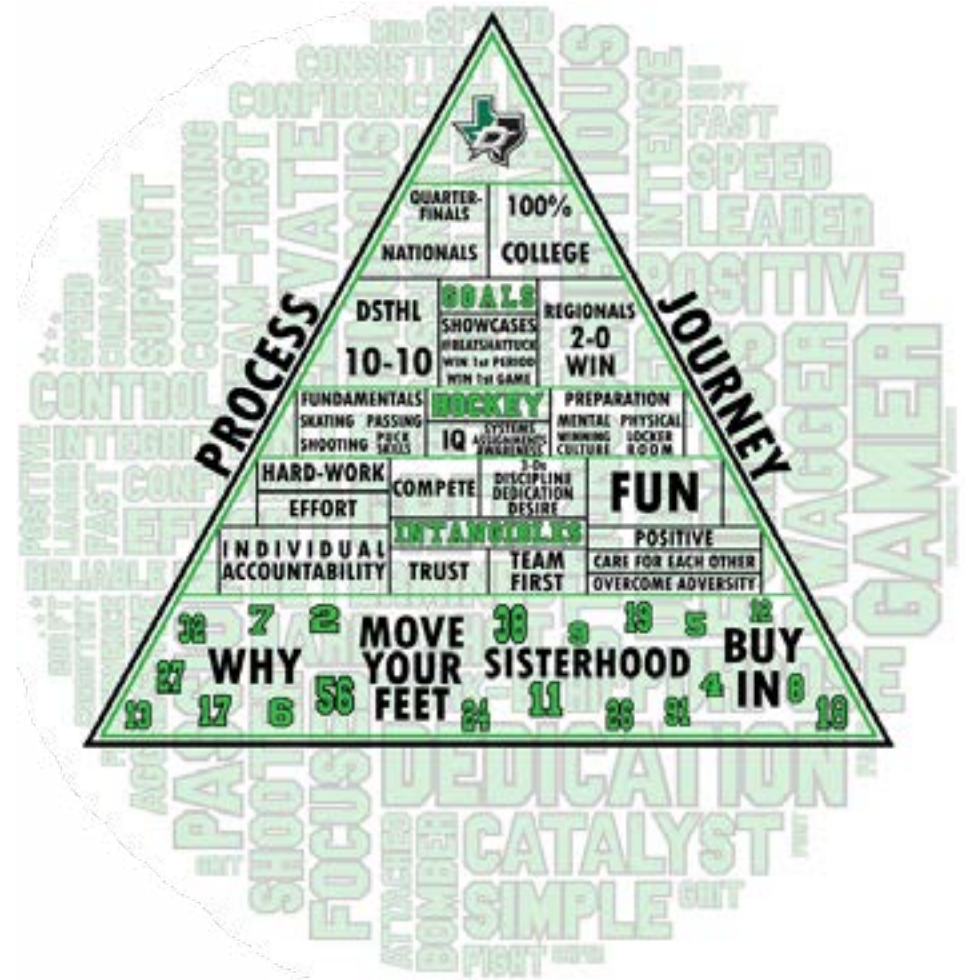
- Family focused philosophy
- Goal of getting all players committed to play college hockey
Tournaments with exposure!
- NCAA Mentality and structure
On and off-ice development - equal focus on life skills such as professional communication, time management skills, boundaries and presence, leadership, & overcoming adversity.



19U Winning Culture

The Dallas Stars Elite U19T1 coaching staff is determined to help make the team a selfless positive team culture. As a staff we will make tough personal decisions when a player or family is not a fit for the U19 DSE Girl's **WINNING** team **CULTURE**.

The team believes in **"THE PROCESS"**. We are focused on the process over the result. If **"THE PROCESS"** is important to the player, the player will have a "find a way" attitude without excuses. The belief in **THE PROCESS** or **THE JOURNEY** will make us have truly special team and produce memories that will last a lifetime. Playing the game "properly" is the foundation of our team. It is what creates individual success. It is what creates team success. It is what any college coach wants to see. It is what will make us a top ten team. It is what will give us a chance to win a National Championship. It is what will create the most fun year of hockey these girls have had. It is simply nonnegotiable.



The 2021/2022 U19T1 team will be the flagship of the Dallas Stars Elite Girl's WINNING CULTURE. Our WINNING CULTURE will be established and reinforced up and down the organization. The WINNING CULTURE process is constructed from a foundation that requires each girl's WHY, and a complete commitment to our SISTERHOOD, the BUY IN, INDIVIDUAL ACCOUNTABILITY, TRUST, a TEAM FIRST MENTALITY, POSITIVITY, CARING FOR EACH OTHER and a commitment to OVERCOMING ADVERSITY.



College Showcase Evaluation

WHAT

The Dallas Stars Elite will run our annual Collegiate Showcase Evaluation August 6-8th. Each player will get an individual evaluation from the college coaches at the end of the weekend. This event will provide incredible value in regards to understanding where the player currently fits within the college hockey picture.

This event has had tremendous success in helping DSE girls move on to the next level in college hockey. It is no coincidence that the event has hosted NCAA DI scouts for schools to which DSE players are now committed including Penn State, Lindenwood, RPI, RIT, and Providence. It is one of the only showcases that provides real exposure and feedback for players at all levels.

WHO: BIRTH YEAR 2003-2008

WHEN: AUGUST 6-8, 2021

SCOUTS

Multiple College Coaches will attend from NCAA DI, NCAA DII, and ACHA



TEAM TEXAS

High School Jr Varsity & Nationals

ABOUT

Interest in Girls High School Hockey continues to grow at a rapid pace. This past season our JV Team won the Championship for the first time since our existence. And our Nationals team, which were crowned National Champions the previous season, again competed at the National Tournament and finished strong to earn 3rd Place. We look to continue the growth and success of both teams with the intentions of adding an additional JV team this year.

*** TRYOUTS IN AUGUST**

ORG:

Coaches Salaries, League Fees, and Ice/Practices

~\$1,900

*last years fee - subject to change



18 GAMES

Level into and play (non-checking) against boys teams



HS NATIONALS

*JV Gold Team

LEAGUE INFO

<https://www.atthighschoolhockeyleague.com>



Girls

Night Out

MONTHLY

OCTOBER - FEBRUARY

Our Girls work extremely hard throughout the season and need a time to be loose and have fun. Once a month we will reserve both sheets of ice solely for our Girls Program.

The focus of this monthly event is to bring all of our girls together, play some games, win awards, and afterwards enjoy some food and fellowship!

- SMALL GAMES
- ALL TEAMS & AGES
- AWARDS
- FOOD
- FELLOWSHIP

* CONTINGENT UPON COVID PROTOCOLS



DSE Girls believe in strong communication. Please reach out to one of our coaches if you have any questions.

Coaches



Collin Hesse

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Danielle Kuhn

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Ray Kizzie

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Mike Salekin

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Megan Garza

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Tyler Fulton

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OTHER RESOURCES

- **Billeting**
- **Scholarships**

visit our website for more information