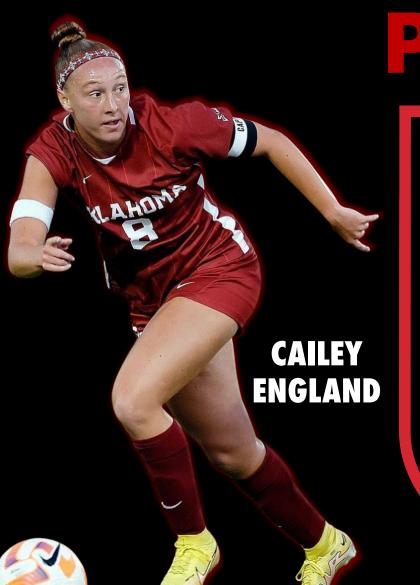
COLLEGE SOCCER RECRUITING









RULES: SOPHOMORE

All Divisions

- Receive brochures for camps and questionnaires
- Take unlimited unofficial visits
- Call coaches

DI: Can't receive calls from coaches, have off-campus contact, or take official visits

DII: June 15- have any form of electronic correspondence, unlimited off-campus contact, and unlimited official visits

DIII: Have unlimited off-campus contact and start official visits after sophomore year





RULES: JUNIOR

All Divisions: Receive recruiting information, Have any form of electronic correspondence, Take unlimited unofficial visits, Have off-campus contact

Division I

- July 1- off-campus contact and unlimited unofficial visits
- September 1-
 - Receive recruiting information and unlimited electronic correspondence
 - Official visits (one visit per college, maximum of five DI visits)

Division II: unlimited official visits

Division III: January 1- unlimited official visits





RULES: SENIOR

All Divisions

 Receive recruiting information, any form of electronic correspondence, off-campus contact (unlimited DII and DIII), unlimited unofficial visits

 limited official visits (one per college, maximum of five Division I visits, unlimited visits to DII, DIII, and NAIA schools)

Division I

off-campus contact (no more than three times)





HELPFUL LINKS

- NCAA approved Core Course List to Meet Eligibility: https://www.ncaa.org/sports/2014/10/6/core-courses.aspx
- NCAA Eligibility Clearinghouse: https://web3.ncaa.org/ecwr3/
- FAFSA: https://studentaid.gov/h/apply-for-aid/fafsa
- 10/7 Core classes Rule:

https://honestgame.com/2022/06/01/what-is-the-ncaa-10-7-rule/





SAMPLE EMAIL

Dear Coach Heger,

Hi Coach, my name is Benjamin Asuncion-Crabb. I play left back and left forward on 07 Lonestar ECRL and Elite North. I was able to watch you play against UMHB and was impressed by the style and pace of play, especially in the second half. I have a 3.9 GPA and play Varsity for the Lake Belton High School soccer team, where I earned honorable mention All-District as a freshman.

I will be playing at the Lonestar College Showcase at 9 am on the 26th on field 1 and at 8 am on the 27th on field 2. I will be playing with 07B Elite North and my number is 64. I look forward to seeing you at the game.

Respectfully, Ben





LONESTAR ALUMNI STATS

181 Lonestar players made the commitment to play at the next level since 2020!

